

Being a Parent

Fridays at 9AM starting 6th October

**Creche will be provided for younger children.
The 8 week course is free and highly recommended.
All participants will receive a certificate.**

The course helps parents and carers learn practical communication skills for everyday life and bring up confident and happy children. It helps improve parents' wellbeing and parenting techniques, builds families' social and community connectedness.

Places are limited per term. It is first come first serve basis and you will automatically be put in a waiting list once the list is full.

For information and registration, please contact:



**Family
Information
Service**

Family Information Service

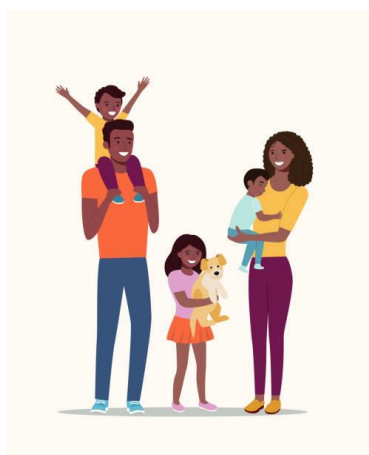
Email: fis@lewisham.gov.uk

Telephone: 020 8314 3940

Mobile: 073 9286 2138



**EMPOWERING
PARENTS
EMPOWERING
COMMUNITIES**



**OR SPEAK TO MR WRIGHT OR THE SCHOOL
OFFICE DIRECTLY TO BOOK A PLACE.**